

Differentiated Instruction with the Overactive Student in Mind

- 1. Give students something to do with their hands i.e., squeeze ball, play dough, clay, wikki stix, etc. Provide some students with a “fidget box”.**
- 2. Attach a bungee cord around the legs of the chair about 4” off the floor (makes a bouncing footrest). Provide some students with a twelve-inch foot roller (can be made from cutting the floatation device known as a noodle).**
- 3. Provide two desks, one on each end of the classroom.**
- 4. Provide a rocking chair (glue felt on the bottom of the runners). Allow some students to sit on a large ball chair.**
- 5. Encourage thigh tapping.**
- 6. Attach a tennis ball to the bottom of each chair leg. (Split the tennis ball with a razor blade). Caution: Slicing a tennis ball may cause an allergic reaction to latex.**
- 7. Allow students to stand when they work (encourage toe rocking).**
- 8. Provide opportunities for physical movement in the classroom.**
- 9. Encourage students to lean against a wall or bookcase as a way to increase his/her feeling of security by being “grounded”.**
- 10. Try using a weighted vest or a weighted lap pillow. Allow some students to wear a heavy coat in class or lay a door-draft-stopper across their lap.**

Note: Always secure parental support for these adaptations.